

Analyzing a well-constructed body paragraph

Transition from last paragraph
(Not only is the media unrealistic, but it also has the ability to cause self-hatred.) Donna

Expert

Who she is. → Wick, Ed.D., founder of Mind-to-Mind Parenting, says that for teenagers, the combined weight of vulnerability, the need for validation, and a desire to compare themselves with peers forms what she describes as a "perfect storm of self-doubt" (Jacobson). Teenagers are persistently looking for validation from other people and are constantly comparing themselves to others, whether they realize it or not. (This, along with the vulnerability that is the female body image, forms self-doubt) And social media doesn't help that. According to a study done in 2019, where it's from + when adolescents who spend more than three hours per day using social media may be at heightened risk for mental health problems, particularly internalizing problems (Riehm et al.) This proves that social media is a common cause for self-hatred and mental health problems. Even checking sporadically throughout the day subjects you to toxicity and an unhealthy body image.

↑ citation

Transition between two citations.

↓ citation

↑ Says why this matters.

The Major Repeated Writing Movement in Argument:

1. A reason why you should believe me (topic sentence)
2. Citation that supports my thinking: Who said it, where it came from, what they said
3. My analysis of the citation (Why does it matter? What's it really saying? How does this all connect? Why do we care?)

Analyzing a Counter-Claim & Rebuttal

Personally, I enjoy playing on my cell phone and find it quite addicting at times, but they can also be quite distracting, and that is the complete opposite of what you need during school. According to a research done by the University of Chicago found out that the mere presence of cell phones, even if turned off, can reduce people's cognitive capacity (Mental Capability).

Counter-claim

Rebuttal with citation

**For the reader who disagrees, who is thinking, "but what about???" You acknowledge their solid argument and then explain why it is wrong or why it is unimportant.